***Information for young people,***

***Youth groups and schools***

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| **What are the Young Leaders in Service awards?** |

The awards recognise young people who provide significant levels of service to their communities. There are two award levels:

* The Silver Seal Award for young people who provide at least 50 hours of service to their community during a 12 month period
* The Gold Seal Award for those who provide at least 100 hours of service during a 12 month period.

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| **Who may participate?** |

Young people between the ages of 11 and 18 (school years 7 to 13) are eligible to participate in the Young Leaders in Service awards.

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| **Logging hours of service** |

Each young person will be provided with a booklet in which to log service activities. These activities are in a number of different categories – all the hours can be from the same activity or from a variety of services. Activities in the log book need to be signed.

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| **What types of service qualify?**  **Some Suggestions** |

Service to the elderly

* Performing simple home repairs and jobs around the house; running errands
* Chatting and being a friend
* Teaching older people IT skills

Safety training

* Helping younger children learn about water safety, fire prevention, traffic awareness, bicycle safety

Service to children and elderly

* Collecting and distributing toys or clothes
* Reading stories and helping with homework
* Visiting hospital
* Organising a party or an outing for children or elderly people
* Caring for a disabled family member
* Shopping and cleaning for older people
* Entertaining, chatting and motivating
* Looking after younger brothers or sisters; babysitting

Environment

* Planting trees
* Clearing litter

Services for the homeless/hungry

* Collecting food, clothing and toiletries for donation to a local welfare centre
* Helping to raise money to buy essentials to set up home

Literacy and Education

* Helping a child or adult to learn how to read and write
* Reading to those visually impaired or record stories for them to listen to

Public health

* Assist with health screening
* Collect used spectacles and hearing aids for recycling
* Create awareness of AIDS, teenage suicide and substance abuse

Community Improvement

-Taking a leaders’ role with

* Cadets
* Boys’ Brigade
* St John
* Red Cross
* Church
* Youth Club
* Community youth group
* Fund-raising for local, national or international charities and for welfare activities
* Working as a member of the Lions team in whatever they do.

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| **Your local Lions Group is Shirley Lions** |